





# June 2024

Bosque Farms Community Center

505-869-5133

ccdirector@bosquefarmsnm.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						I Saturday Zumba is canceled for the summer.
2	3 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals  6:00 ZUMBA	4 9:30 Yoga 10:30 Coffee & Donuts Live Music Rockhounds 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga	5 8 AM ZUMBA 9:00 Tai Chi Practice 9-10:15 Waffle Breakfast 10:15 Strength & Balance 12:00 Senior Meals 1:00 Line Dance 6:00 ZUMBA	6 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo 2:30 Paper Craft w/Edwina (\$5 supply fee)	7 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 12:30-4:30 AARP Driver Safety Class	8  \$3 2-5 PM Fiddlers & Musicians
9	10 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 1:00 Estate Planning Presentation by SCLO 6:00 ZUMBA	11 9:30 Yoga 10:30 Coffee & Donuts Live Music 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga	12 9 AM-1 PM PIE 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 1:00 Line Dance 6:00 ZUMBA 7:00 Writer's Group	13 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo	14 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals	15  \$5 7-9 PM Plumb Adequate
16 <i>Happy Father's Day!</i>	17 8 AM ZUMBA 9:00 Tai Chi Practice 9:30 Exploring Textiles 10:15 Strength & Balance 12:00 Senior Meals 6:00 ZUMBA	18 9:30 Yoga 10:30 Coffee & Donuts Live Music 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga canceled	19 JUNETEENTH 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 1:00 Line Dance 6:00 ZUMBA	20 8:30 Vic's Daily Café 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo	21 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals	22
23  \$3 2-5 PM Fiddlers & Musicians	24 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 1:00 Power of Attorney Workshop with SCLO 6:00 ZUMBA	25 9:30 Yoga 10:30 Coffee & Donuts Live Music 12:00 Senior Meals 12:30 Bridge & Dominoes 1:00 Joe's Pasta House 4:00 Chair Yoga	26 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 12:00 Birthday Party 1:00 Line Dance 6:00 ZUMBA 7:00 Writer's Group 	27 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo	28 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 12:30-2 Live Music with Tony Deblardo 50s/60s/70s/80s	29
30						



## VALENCIA COUNTY JUNE 2024

<b>MONDAY 3, 2024</b> Elbow Macaroni w/ Meat Sauce Italian Blend Vegetables Bread w/ Margarine Fruit Cocktail	<b>TUESDAY 4, 2024</b> <del>Macque</del> Choux Seasoned Potatoes Bread /w Margarine Honey Fruit	<b>WEDNESDAY 5, 2024</b> Chicken Fajita Spanish Rice Mediterranean Blend Vegetable Salsa Orange	<b>THURSDAY 6, 2024</b> Salisbury Steak w/ Mushroom Beef Gravy Mashed Potato Green Beans /w Tomato Bread w/ Margarine Applesauce	<b>FRIDAY 7, 2024</b> Chicken Salad Sandwich Lettuce and Tomato Cucumber Salad Chips Cookie
<b>MONDAY 10, 2024</b> Sloppy Joe Sandwich Baked Beans Carrot Sticks Ranch Dressing Orange	<b>TUESDAY 11, 2024</b> Chicken Stew Mashed Potato Country Vegetables Biscuit w/ Margarine Cookie	<b>WEDNESDAY 12, 2024</b> Chile Cheese Dog Peppers & Onions Scandinavian Blend Mixed Fruit	<b>THURSDAY 13, 2024</b> Green Chili Enchiladas Capri vegetables Spanish Rice Pear	<b>FRIDAY 14, 2024</b> Hot Turkey "Sandwich" Mashed Potatoes Sliced Carrots Yogurt
<b>MONDAY 17, 2024</b> Beef and Mushroom Ragu Penne Pasta Italian Blend Vegetable Garlic Roll Peaches	<b>TUESDAY 18, 2024</b> Meat Ball Sandwich Vegetable medley Spiced Pears	<b>WEDNESDAY 19, 2024</b> Chicken & Vegetables Beet and Onion Steamed Brown Rice Apple	<b>THURSDAY 20, 2024</b> Cold Cut Sandwich Broccoli Salad Pudding Spiced Apples	<b>FRIDAY 21, 2024</b> Red Chili Enchiladas Mixed vegetables Spanish Rice Pear
<b>MONDAY 24, 2024</b> Beef & Papas Pinto Beans Spinach /w Onions Tortilla & Salsa Mixed Fruit	<b>TUESDAY 25, 2024</b> Tuna Salad Sandwich Lettuce and Tomato Broccoli Salad Graham Crackers	<b>WEDNESDAY 26, 2024</b> Beef Stew Tossed Salad w/ Dressing Crackers Fruit Salad	<b>THURSDAY 27, 2024</b> BBQ Chicken Veg. Medley Potato Chips Sliced Peaches Cookie	<b>FRIDAY 28, 2024</b> Beef Tacos Vegetable Medley Spanish Rice Pinto Beans Orange
<b>All Meals Served with 8oz. 1% Milk</b>	<b>All Meals Subject to Change</b>			

Take the AARP Smart Driver™ classroom course and you could save money on your auto insurance!\*

- » Learn techniques for handling left turns, right-of-way and roundabouts.
- » Understand how to reduce traffic violations, crashes and the risk of injury.
- » Discover proven driving methods to help keep you and your loved ones safe on the road.

THERE'S A CLASSROOM COURSE IN YOUR NEIGHBORHOOD!	
<p><b>Date &amp; Time:</b> Friday, June 7, 2024 12:30 pm - 4:30 pm</p>  <p><b>Location:</b> Bosque Farms Community Center 950 North Bosque Loop Bosque Farms, NM 87068</p>	<p><b>Register Now:</b> 505-869-5133</p> 
CLASSROOM COURSE	FOR MORE INFORMATION
<p><b>\$20</b> for AARP members <b>\$25</b> for non-members</p>	<p>Call: 1-888-773-7160 Visit: <a href="http://www.aarp.org/driving36">www.aarp.org/driving36</a></p>



Join the  
Senior Citizens' Law Office  
*for a presentation on*  
**Estate Planning**

**Bosque Farms Senior Center**  
**June 10, 2024, at 1:00 PM**



Presenter will discuss planning for incapacity (Powers of Attorney), and planning for end of life (Wills, Transfer on Death Deed, Non-Probate Transfers, etc.).

**Note: this presentation is general information only, and the presenter will not be able to give individual legal advice.**

Join Senior Citizens' Law Office for a  
**Power of Attorney Clinic**

**June 24, 1:00 – 3:00 PM**



Please bring  
Photo ID, and  
names and  
contact  
information of  
people you will  
appoint. Arrive  
by 1:00 PM.

For seniors age 60 and up, with income at or below:

- One-person household: \$2,510
- Two-person household: \$3,407
- Three-person household: \$4,303
- Four-person household: \$5,200

Attendees must sign up in advance for this event with  
Bosque Farms Senior Center.



# **Fiddlers & Musicians of NM**

**Jam Session/Dance**

**Saturday, June 8th**

**Sunday, June 23<sup>rd</sup>**

**2-5 pm**

**\$3 at the Door**



**Bosque Farms Community Center**

# PLUMB ADEQUATE

June 15

7-9 pm

\$5 Donation



Bosque Farms  
Community  
Center

DANCE!

- ♥ ALCOHOL FREE
- ♥ CLOSE TO HOME
- ♥ LIVE COUNTRY WESTERN MUSIC



TOTAL  
NM

Friends  
of  
Whitfield

## LET'S GROW OUTSIDE MUSIC FUNDRAISER!

JUNE 15TH, 2024  
12:30-3 PM

UNM VALENCIA CAMPUS  
ARTS AND SCIENCE  
BUILDING

FOOD, MUSIC,  
RAFFLE TICKET  
\$40

MUSIC  
THE RIFT VALLEY RAMBLERS  
LINCOLN COUNTY

FOOD  
PROVIDED BY  
H2 ACADEMIC  
SOLUTIONS

RAFFLE  
DRAWING!



THE RIFT VALLEY RAMBLERS



SCAN ME

ALL PROCEEDS DIRECTLY SUPPORT OUTDOOR EDUCATION  
PROGRAMS AT THE WHITFIELD WILDLIFE CONSERVATION AREA AND  
TOTAL NM'S PROGRAMS AND OPPORTUNITIES SUPPORTING  
OUTDOOR SPACES AT SCHOOLS! THANK YOU!

# MUSIC LIVE 2024

UPCOMING EVENTS

*Tony DeNardo*

24  
MAY

COUNTRY/WESTERN FEST

28  
JUNE

50S/60S/70S/80S

26  
JULY

POP ROCK 90'S

23  
AUGUST

ALL OLDIE HITS

27  
SEPTEMBER

FAMOUS ARTISTS

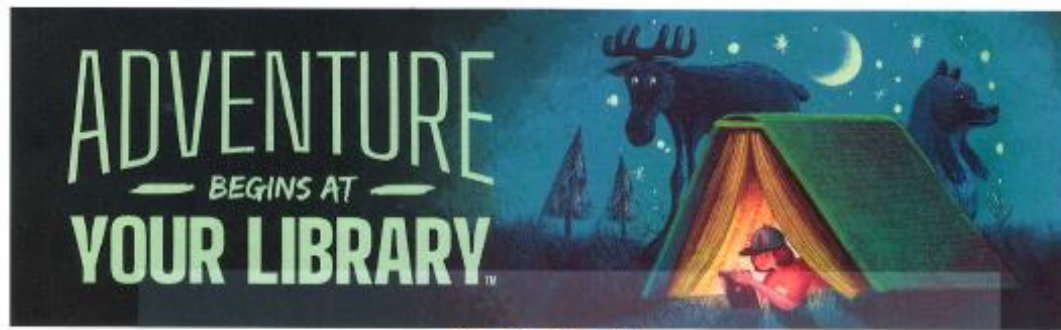
12:30 - 2p

Bosque Farms Community Center

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FUNERAL SERVICE





**2024**

**Summer Reading Program**

**at**

**Bosque Farms Public Library!**

**June 17, 2024—July 19, 2024**

**Sign Up Begins June 03, 2024**

**\*Fun Games and Events \*Prizes**

**\* Completely Free**

**All Ages Welcome!**

**Visit the Library for More Information**

**1455 West Bosque Loop \* 505-869-2227 \* Monday—Friday  
10:00 a.m.—4:30 p.m.**

**1st Care of New Mexico, LLC**  
**Home Healthcare**

# BACK TO SCHOOL BACKPACK & JACKET GIVE AWAY

**FREE!!!**

- OPEN TO THE PUBLIC
- CHILD MUST BE PRESENT  
NO EXCEPTIONS

A blue backpack with red and white stripes on the sides. It is filled with various school supplies, including pencils, pens, a notebook, and a ruler. A small red tag with the text 'Back to school!' is attached to the top of the backpack.

**JULY 20TH, 2024 FROM 8AM-11:30AM**  
**Los Lunas Middle School Gym**  
**423 MAIN ST. NE LOS LUNAS, NM 87031**





## Free Tech Training for Seniors: May-June

### Belen Senior Center

**Wed, May 8 @ 9:30am**

Learn "Google Maps" | or  
1-on-1 coaching (1st come, 1st served)

**Wed, June 12 @ 10:30am**

Learn "My Chart" | or  
1-on-1 coaching (1st come, 1st served)

### Fred Luna Center

**Fri, May 10 @ 10:30am**

Learn "Google Maps" | or  
1-on-1 coaching (1st come, 1st served)

**Fri, June 14 @ 10:30am**

Learn "My Chart" | or  
1-on-1 coaching (1st come, 1st served)

All classes and 1-on-1 coaching are designed for beginners! RSVP by contacting the center above, or Teeniors at: [teeniors@gmail.com](mailto:teeniors@gmail.com) | (505) 600-1297

Learn more about us: [teeniors.com](http://teeniors.com)

Join us for the Village of Los Lunas' Inaugural

# JOB FAIR & CAREER EXPO

Dozens of employers, resources, and more!



June 14, 2024  
10:00 AM - 2:00 PM



**Daniel Fernandez  
Recreation Center**

1103 HWY-314 SW,  
LOS LUNAS, NM 87031

**REGISTER NOW** »



Phone number  
505-859-0858



New Mexico  
**Workforce Connection**

A Proud Partner of the American Job Center Network

